

DYNAMIC

--- *Discipling* ---

GENERAL INSTRUCTIONS FOR DISCIPLERS

Congratulations! You have completed your training and are now qualified to train others.

You are about to begin the exciting adventure of influencing another believer to become a disciple of Christ.

You will have the joy of being obedient to Christ as you help a fellow Christian grow in faith and obedience.

God's plan is for every believer to be a disciple. You are a vital part of that world-wide work which He would have His people accomplish in this age. Is there anything more important?

“Therefore go and make disciples of all nations,” Matthew 28:19a

GOD'S STRATEGY

God's strategy for reaching the world is for us to make disciples through evangelizing and teaching them to obey. We must be obedient and pass it on.

If you trained one person every four months (three persons every year) and those persons reproduced in the same way every four months, starting from the time they completed their training, this is what would happen:

YEAR	TOTAL
1	7
2	49
3	343
4	2,401
5	16,807

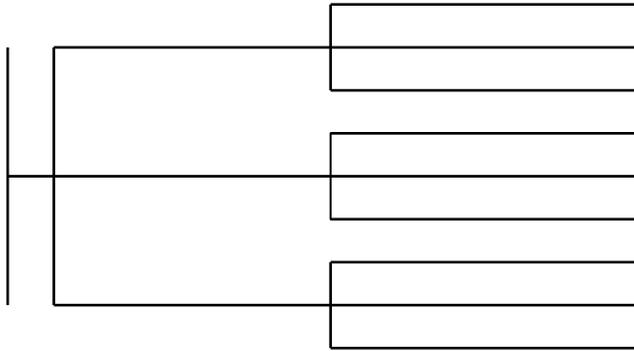
When this sequence is completed, there is **REPRODUCTION**. In the process of making disciples (Matt. 28:18-20) we are to be obedient in going (evangelism) and in teaching to obey. Just as Paul taught Timothy to obey, he was then to teach reliable men (mankind) to obey. They would in turn teach others to obey. So we are to do likewise.

REPRODUCTION IS THE KEY! It begins slowly, but expands rapidly as **MULTIPLICATION** takes place.

Paul → Timothy → Faithful Men → Others

Me → My Disciples → Their Disciples → Others

Keep a record of those you train and those they train. The real key to reproduction is selecting people who will pass it on and then working with them until they do pass it on to at least three other people who will do the same.



ADVANTAGES OF TRAINING ONE-TO-ONE

DYNAMIC DISCIPLING, ONE-TO-ONE:

- draws out the potential of the trainer and the trainee.
- produces people with well-thought-through personal convictions.
- builds self-confidence.
- helps the trainees learn to express themselves clearly.
- allows for maximum participation, which results in increased motivation.
- helps them be open to new ideas because they realize they are forming new skills and will welcome your personal coaching.
- allows informality. The trainer and trainee know what the other really thinks and feels thus giving an opportunity to help each other with personal needs.
- does not require a leader with public speaking ability in order to be successful. Almost anyone can do individual training.
- enables the trainer to determine whether or not the trainee is really learning.
- rapidly reproduces. One-to-one begins slowly, with only a few people involved. As each one reproduces, the potential to equip many people to disciple others is unequalled. Reproductive training is our only hope to reach the masses of our world and fulfill our Lord's Great Commission.

PURPOSE

The purpose of One-to-One Dynamic Discipling is to learn and apply the basic truths of the Christian life and pass these on to others.

GOALS

1. To help the trainee gain a vision for evangelism and discipleship.
2. To establish the trainee's confidence in the Holy Spirit's power and direction in living victoriously and in sharing with others.
3. To assist the trainee in learning how to share a personal testimony.
4. To equip the trainee to be a witness for Christ by word and life.
5. To equip the trainee to disciple others and to **REPRODUCE**.
6. To establish enough witnessing disciples to expose the entire community to the gospel of Jesus Christ.

HOW TO SELECT A TRAINEE

1. Pray. Ask God to lead you to the person of His choice.
2. Challenge those in your Life Group.
3. Train those you lead to Christ.
4. Consider friends in your church.
5. A man trains a man, and a woman trains a woman.

HOW DO YOU CHALLENGE SOMEONE TO BE DISCIPLED?

1. Make a personal contact.
2. Share with the person what Dynamic Discipling One-to-One is all about. (Use "Dynamic Discipling, An Opportunity" sheet)
3. Share with the person why this training is important to you and how you have benefited from it.
4. Share your vision of being part of a multiplication strategy to reach the world.

HOW TO BEGIN

1. Challenge the person to the nine weeks commitment and what that involves (being accountable for weekly assignments, meeting weekly for 1 to 1½ hours to discuss lesson.)

2. Try to complete your nine sessions in nine weeks. When you begin, arrange the dates that you will get together and mark them on your calendars. (You may need to spend more time with some people. Remember, your goal is not just to cover the material, but to pour your life into the other person.)

3. **Lesson One is taught differently from the other eight lessons.** Your disciple will not have received the materials before you meet so will not have completed the lesson. Follow the checklist for lesson one and as you begin the Bible study, take turns reading the material and looking up and reading the scriptures. Discuss your answers to each question and have your disciple write the answers in his/her book.

For the other eight lessons, the disciple will have completed the lesson before you get together. It is not necessary to read all the material when you meet since your disciple has done so on his/her own. Go over all the questions to be sure that the answers are correct (they do not need to be the same as yours but they should be accurate and show a proper understanding of the question and the scriptural truth.

4. Be sensitive to the person's spiritual need and seek to apply each truth to both of your lives. Let your disciple catch your excitement for God and for the truth you are learning.

5. Keep each other accountable in applying the things you are learning.

WHEN TO MEET

1. You and your trainee can meet at any time that is convenient for the two of you.
2. Plan to meet at the same time each week for nine consecutive weeks. Adjust your schedule as needed. You may need to take more than one appointment to complete a lesson, especially lesson one.

GUIDELINES FOR THE DISCIPLER

SPECIFIC GUIDELINES

1. Prepare for the appropriate lesson before you meet with your disciple.
2. Complete the checklist for each lesson.
3. During each session you will spend 1 to 1½ hours meeting together for the purpose of:
 - understanding the material
 - sharing together
 - role-playing
 - praying

4. Pray that nothing will disrupt your getting together once you have an appointment.
5. If your disciple fails to meet with you as planned or to complete the assignment, encourage him/her to be faithful. If your disciple continues to be unfaithful, you may need to discontinue the discipling process until they are ready to be committed to this study. Pray for your disciple.
6. When you believe your disciple is ready to disciple another person, challenge him/her to do so. Go over these instructions and help him/her choose a disciple, and begin discipling. If you are discipling a mature Christian who will be a trainer of others, that person could begin with another disciple before completing all the lessons with you. Always encourage reproduction!
7. Challenge your disciple to continue to learn and grow by going on to the Dynamic Sharing and/or discipling another person. There are other opportunities in the church that will also develop your disciple.

GENERAL GUIDELINES

1. Enjoy your time together; spend time praising God. Be loving and supportive in every way.
2. Be open to sharing your inadequacies but emphasize the sufficiency of Christ (2 Corinthians 12:8-10). You are both learning to trust God.
3. Pray for your disciple regularly.
4. Be patient. Be an encourager.
5. Be enthusiastic. Your attitude is contagious.
6. Share how God is working in you concerning being a more faithful disciple and witness.
7. Respond with thankfulness as you see God work in each other's lives.
8. Keep it simple so that your disciple will be encouraged to begin training another person.

